

## Early Head and Head Start Programs

*Serving pregnant and parenting women, children ages birth to three and preschool age children*

### Program Description

**Early Head Start:** A “no cost to family” comprehensive early education program for low-income pregnant women and infants and toddlers from ages birth to three, including young children with disabilities. Services may be provided in the home of the family (home-based), a licensed family child care home, and/or a center. In addition to comprehensive early education services, other services include providing and linking families with health, mental health, disability, nutrition and social services. Early Head Start has a strong parent involvement component and services specifically designed for pregnant women.

**Head Start:** A “no cost to family” part-day (3½ hours) or full-day (six plus hours) comprehensive child development program for low-income preschoolers ages three to five years old. Head Start generally operates from September to June. Some Head Start programs offer full-day programs that operate from 10 to 12 months. Children in foster care, families at risk and/or in crisis, homeless families, and children with disabilities receive priority for enrollment. Additional selection criteria may be used to determine priority for services. Comprehensive services include providing and linking families with social services, health, mental health, disabilities, and nutrition services. Head Start also has a strong parent involvement component.

### Income Eligibility

Families are eligible for Early Head Start and Head Start Preschool Programs if their families' income is below the federal poverty level. Children in foster care, homeless or with families receiving public assistance are automatically eligible regardless of income. Early Head Start and Head Start Preschool Programs may serve families with incomes up to 130% of the Federal Poverty Level (FPL) if space is available and the needs of all other eligible children in the community are met. At least 10% of enrollment must include children with disabilities. Table 1 shows the yearly income caps at the federal poverty level and up to 130% of the FPL by the size of the family.

<b>Family Size</b>	<b>Family Yearly Income (100% FPL)</b>	<b>Family Yearly Income (130% FPL)</b>
1	\$11,490	\$14,937
2	\$15,510	\$20,163
3	\$19,530	\$25,389
4	\$23,550	\$30,165
5	\$27,570	\$35,841
6	\$31,590	\$41,067
7	\$35,610	\$46,293
8	\$39,630	\$51,519

For families/households with more than eight persons, add \$4,020 for each additional person.

\* Based on 2013 Federal Poverty Guidelines

Head Start determines family eligibility based on their annual income; once the family is determined eligible, the child will be considered eligible through the end of the program year and the subsequent program year. Early Head Start and Head Start Preschool Program services are free.

### **How to Connect**

There are eight Child Care Resource and Referral Agencies (R&Rs) throughout Los Angeles County to provide families with referrals to child care and development programs, including referrals to Early Head Start and Head Start Programs. Families may call the LA County R&R Consumer Education Line toll-free at 1-888-922-4453 to be connected to their local R&R.

There are several organizations that operate Early Head Start and Head Start Programs throughout Los Angeles County. Families may call one of the Programs listed below directly to learn about openings in a program located near their home and whether their family is eligible to enroll or contact the Los Angeles County Office of Education at (877) Pre-K-Kid (773-5543) or visit <http://www.PreKKid.org> to be connected to a program located in the family's community. Searches for Early Head Start and Head Start Programs may also be done at the U.S. Department of Health and Human Services Administration for Children & Families website, Early Childhood Learning & Knowledge Center, at [www.acf.hhs.gov/programs/ohs/](http://www.acf.hhs.gov/programs/ohs/).

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## **Early Head Start Programs**

*Serving pregnant and parenting women and children ages birth to three*

Baldwin Park Unified School District  
3699 North Holly Avenue  
Baldwin Park, CA 91706  
(626) 962-3311 x4642  
<http://www.bpUSD.net/EHS>

*Center-based with Cal-SAFE<sup>1</sup> at Baldwin Park & Hacienda La Puente Unified School Districts; home-based*

Child Care Resource Center  
8015 Van Nuys Boulevard  
Panorama City, CA 91402  
(818) 781-4349 or (818) 761-4390  
[www.ccrcla.org/servicesandprograms/head-start](http://www.ccrcla.org/servicesandprograms/head-start)  
*Home-based*

Children's Institute, Inc.  
711 South New Hampshire Avenue  
Los Angeles, CA 90005  
(213) 385-5100 x1885  
[www.childrensinstitute.org/ourwork/programsandservices/](http://www.childrensinstitute.org/ourwork/programsandservices/)  
*Center-based; home-based*

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<sup>1</sup> Cal-SAFE (California School Age Family Education) provides academic supports to pregnant and parenting teens and child care and development services to their children.

**(Early Head Start Programs continued...)**

El Nido Family Centers  
2152 West Manchester Avenue  
Los Angeles, CA 90047  
(323) 971-7360

<http://elnidofamilycenters.org/index.php/programs/parent-education-and-family-development/>  
*Home-based*

Foothill Family Services  
2500 East Foothill Boulevard, Suite 300  
Pasadena, CA 91107  
(626) 564-1613

<http://foothillfamily.org/EarlyIntervention.php>  
*Home-based in El Monte, South El Monte and La Puente*

Hope Street Family Center  
1401 South Grand Avenue  
Los Angeles, CA 90015  
(213) 742-6385

[www.hopestreetfamilycenter.org/Programs And Services/Early Head Start/index.htm](http://www.hopestreetfamilycenter.org/Programs%20And%20Services/Early%20Head%20Start/index.htm)  
*Families start in home-based and then may transition to center-based*

Human Services Association  
6800 Florence Avenue  
Bell Gardens, CA 90201-4958  
(323) 513-0594

[www.hsala.org/services/program/pasitos-early-head-start](http://www.hsala.org/services/program/pasitos-early-head-start)  
*Center-based; home-based*

Kedren Community Health Center, Inc.  
710 East 111<sup>th</sup> Place  
Los Angeles, CA 90059  
(323) 777-1411

<http://www.kedrenmentalhealth.com/head-start/index.php>  
*Center-based; family child care; home-based*

Long Beach Unified School District  
Head Start Program  
1260 East 33<sup>rd</sup> Street  
Signal Hill, CA 90755  
(562) 426-8144

[www.lbusd.k12.ca.us/Main Offices/Superintendent/headstart.cfm](http://www.lbusd.k12.ca.us/Main_Offices/Superintendent/headstart.cfm)  
*Center-based; home-based*

Los Angeles Education Partnership  
1033 West Seventh Street, Suite 200  
Los Angeles, CA 90017  
(213) 622-5237 x0

[www.laep.org/](http://www.laep.org/)  
*Home-based*

**(Early Head Start Programs continued...)**

Options-A Child Care and Human Services Agency

100 North Citrus Street, Suite 301

West Covina, CA 91791

(626) 732-0130

[www.optionscc.org](http://www.optionscc.org)

*Center-based (serves La Puente); Home-based (serves zip codes 91790, 91791, 91792, 91744, and 91758)*

Pacific Asian Consortium in Employment (PACE)

1055 Wilshire Boulevard, Suite 1050

Los Angeles, CA 90017

(213) 989-3244

<http://pacela.org/services/early-childhood-education>

*Home-based (serves zip codes 90042, 90248, 90260, 90504, 91770, and 91801)*

Palmdale School District Office

Early Childhood Programs

975 East Avenue P-8

Palmdale, CA 93550

(661) 273-4710

[www.palmdalesd.org/domain/635](http://www.palmdalesd.org/domain/635)

*Home-based*

Pediatric Therapy Network

1815 West 213<sup>th</sup> Street, Suite 100

Torrance, CA 90501

(310) 328-0693

[www.pediatrictherapynetwork.org/earlyheadstart/index.cfm](http://www.pediatrictherapynetwork.org/earlyheadstart/index.cfm)

*Center-based; home-based; serves Torrance (zip codes 90501, 90503, and 90505)*

Plaza de la Raza

Child Development Services, Inc.

11015 Bloomfield Avenue

Santa Fe Springs, CA 90690

(562) 777-7170 – ask for Family Service Associate (Main: (562) 776-1301)

<http://plazadelaraza.info/programs-services/>

*Center-based; home-based*

Plaza de la Raza

Child Development Services, Inc.

12830 Columbia Way

Downey, CA 90242-4720

(562) 803-6229 – ask for Family Service Associate (Main: (562) 776-1301)

<http://plazadelaraza.info/programs-services/>

*Center-based; home-based*

**(Early Head Start Programs continued...)**

Pomona Unified School District  
1460 East Holt Avenue, Suite 194A  
Pomona, CA 91767  
(909) 397-4740 x5607

[www.pusd.org/education/components/layout/default.php?sectiondetailid=8548&](http://www.pusd.org/education/components/layout/default.php?sectiondetailid=8548&)

*Center-based for teen parents only; home-based*

St. Anne's Maternity Home  
155 North Occidental Avenue  
Los Angeles, CA 90026  
(213) 381-2931 x450

[www.stannes.org/what-we-do/programs-services/childcare](http://www.stannes.org/what-we-do/programs-services/childcare)

*Center-based*

UCLA Early Head Start  
14423 Van Nuys Boulevard  
Arleta, CA 91331  
(818) 485-0129

[www.uclahealth.org/body.cfm?id=453&action=detail&limit\\_department=22&limit\\_division=1071&limit\\_program=5375&CFID=97690753&CFTOKEN=63491653](http://www.uclahealth.org/body.cfm?id=453&action=detail&limit_department=22&limit_division=1071&limit_program=5375&CFID=97690753&CFTOKEN=63491653)

*Home-based*

University of Southern California  
School for Early Childhood Education  
3716 South Hope Street, Suite 366  
Los Angeles, CA 90089  
(213) 821-3133

<http://communities.usc.edu/school-for-early-childhood-education-sece/>

*Center-based; home-based*

Venice Family Clinic  
Children First Early Head Start Program  
604 Rose Avenue  
Venice, CA 90291  
(310) 664-7557

[http://venicefamilyclinic.org/index.php?view=vfc\\_cfehs&action=index](http://venicefamilyclinic.org/index.php?view=vfc_cfehs&action=index)

*Center-based with Cal-SAFE at Santa Monica High School; family child care homes*

Vista Del Mar and Family Services  
Home-SAFE  
6926 Melrose Avenue  
Los Angeles, CA 90038  
(323) 934-7979

[www.vistadelmar.org/early-head-start](http://www.vistadelmar.org/early-head-start)

*Home-based*

**(Early Head Start Programs continued...)**

Volunteers of America of Los Angeles  
11243 Kittridge Street  
North Hollywood, CA 91606-2605  
(818) 980-2287  
[www.voala.org/services/children.htm](http://www.voala.org/services/children.htm)  
*Center-based; home-based*

Westside Children's Center  
12120 Wagner Street  
Culver City, CA 90230-5844  
(310) 397-4200  
<http://westsidechildren.org/early-education/>  
*Center-based; family child care home; home-based*

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**Head Start Programs**  
*Serving preschool age children*

ABC Unified School District  
11011 Artesia Blvd.  
Cerritos, CA 90703  
(562) 229-7985  
[www.abcusd.k12.ca.us/pages/ABC\\_Unified\\_School\\_District/Departments/AcademicsServices/Child\\_Development/Head\\_Start\\_State\\_Preschool](http://www.abcusd.k12.ca.us/pages/ABC_Unified_School_District/Departments/AcademicsServices/Child_Development/Head_Start_State_Preschool)  
*6 sites serving Artesia, Cerritos, and Lakewood*

Baldwin Park Unified School District  
3699 North Holly Avenue  
Baldwin Park, CA 91706  
(626) 962-3311 x4642  
[www.bpUSD.net/HS](http://www.bpUSD.net/HS)  
*17 sites serving Baldwin Park, Cudahy, and Maywood*

Bassett Unified School District  
904 North Willow Avenue  
La Puente, CA 91746-1615  
(626) 931-3161  
<https://cd-bassett-ca.schoolloop.com/>  
*6 sites located in La Puente*

Bellflower Unified School District  
9301 Flower Street  
Bellflower, CA 90706-5600  
(562) 461-2227  
[www.bUSD.k12.ca.us/childEd.htm](http://www.bUSD.k12.ca.us/childEd.htm)  
*8 sites located in Bellflower and Lakewood*

**(Head Start Programs continued...)**

Child Care Resource Center  
20001 Prairie Street  
Chatsworth, California 91311  
(818) 717-1000

[www.ccrcla.org/servicesandprograms/head-start](http://www.ccrcla.org/servicesandprograms/head-start)

*17 sites serving Canoga Park, Granada Hills, North Hills, Northridge, Pacoima/Arleta, Panorama City, Reseda, Sepulveda, Sun Valley, and Van Nuys*

Children's Institute, Inc.  
711 South New Hampshire Avenue  
Los Angeles, CA 90005  
(213) 385-5100 x1885

[www.childrensinstitute.org/ourwork/programsandservices/](http://www.childrensinstitute.org/ourwork/programsandservices/)

*19 sites serving Los Angeles (90002, 90003, 90011, 90012, 90026, 90037, 90044, 90047, and 90062)*

Crystal Stairs, Inc.  
5110 West Goldleaf Circle, Suite 150  
Los Angeles, CA 90056-1282  
(323) 299-8998

[www.crystalstairs.org](http://www.crystalstairs.org)

*8 sites serving Compton and Los Angeles zip codes 90059 and 90061*

Duarte Unified School District  
1620 Huntington Drive  
Duarte, CA 91010-2534  
(626) 599-5123

[www.duarte.k12.ca.us/Schools/ChildDevelopment.html](http://www.duarte.k12.ca.us/Schools/ChildDevelopment.html)

*3 sites serving the Duarte community*

El Monte City School District  
2131 Loma Avenue  
South El Monte, CA 91733  
(626) 452-9164-3101

[www.emcsd.org/academics/child-development](http://www.emcsd.org/academics/child-development)

*13 sites serving El Monte*

Foundation for Early Childhood Education, Inc.  
3360 Flair Drive, Suite 100  
El Monte, CA 91731  
(626) 572-5107 and (626) 572-5471

[www.foundationheadstart.org](http://www.foundationheadstart.org)

*29 sites serving La Verne and Los Angeles (zip codes 90004, 90012, 90026, 90027, 90028, 90029, 90033, and 90038)*

Garvey School District  
7424 Newmark Avenue  
Rosemead, CA 91770-2943  
(626) 307-3396

[http://garvey.k12.ca.us/schools\\_departments/child\\_development](http://garvey.k12.ca.us/schools_departments/child_development)

*10 sites serving Monterey Park, Rosemead, and San Gabriel*

**(Head Start Programs continued...)**

Hacienda-La Puente Unified School District  
455 North Glendora Avenue  
La Puente, CA  
(626) 933-6547

<http://do-ncs-winweb3.hlpusd.k12.ca.us/index.php/parents/preschool/>

*15 sites serving Hacienda Heights, La Puente and Valinda*

Kedren Community Health Center, Inc.  
710 East 111th Place  
Los Angeles, CA 90059  
(323) 777-1411

<http://www.kedrenmentalhealth.com/head-start/index.php>

*28 sites serving Burbank, Los Angeles zip codes 90002, 90006, 90008, 90017, 90019, 90026, 90039, 90057, 90059, 90065*

Long Beach Unified School District Head Start Programs  
1260 East 33rd Street  
Signal Hill, CA 90755  
(562) 426-8144

[www.lbusd.k12.ca.us/Main\\_Offices/Superintendent/headstart.cfm](http://www.lbusd.k12.ca.us/Main_Offices/Superintendent/headstart.cfm)

*22 sites serving Long Beach and Signal Hill*

LACOE Head Start-State Preschool  
10100 Pioneer Boulevard  
Santa Fe Springs, CA 90670  
(877) 773-5543

[www.prekkid.org](http://www.prekkid.org)

*Contracts with multiple organizations for Head Start and State Preschool Program services*

Mexican American Opportunity Foundation (MAOF)  
2650 Zoe Avenue  
Huntington Park, CA 90255  
(323) 588-7320

[www.maof.org/head-start/](http://www.maof.org/head-start/)

*10 sites and a home-based program serving Huntington Park, Los Angeles (zip code 90001), and South Gate*

Montebello Unified School District  
8432 Birchbark Avenue  
Pico Rivera, CA 90660-4904  
(323) 887-7963

[www.montebello.k12.ca.us/headstart](http://www.montebello.k12.ca.us/headstart)

*11 sites serving Bell Gardens, East Los Angeles (zip code 90022), Montebello, Monterey Park and Pico Rivera*

Mountain View School District  
2109 Burkett Road  
El Monte, CA 91733-4113  
(626) 652-4250

[www.mtviewschools.com/domain/613](http://www.mtviewschools.com/domain/613)

*5 sites serving El Monte*

**(Head Start Programs continued...)**

Norwalk-La Mirada Unified School District  
14616 Dinard Ave.

Norwalk, CA 90650-5110

(562) 921-7610

[www.nlmusd.k12.ca.us/preschool](http://www.nlmusd.k12.ca.us/preschool)

*6 sites serving La Mirada and Norwalk*

Options Head Start

1330 North Portero Avenue

South El Monte, California 91733-3085

(626) 459-4299

[www.optionscc.org](http://www.optionscc.org)

*24 sites serving Altadena, Covina, Eagle Rock, East La Puente, Glendora, Los Angeles (zip codes 90041 and 90042), Monrovia, Pasadena, San Gabriel, South El Monte, and West Covina*

Pacific Asian Consortium in Employment (PACE)

1055 Wilshire Boulevard, Suite 1050

Los Angeles, CA 90017-2431

(213) 989-3244

<http://pacela.org/services/early-childhood-education>

*27 sites located in Alhambra, Gardena, Lawndale, Los Angeles (90006, 90007, 90011, 90018, 90019, 90042, and 90063), Redondo Beach, Rosemead, and Santa Fe Springs*

Palmdale School District Office

Early Childhood Programs

975 East Avenue P-8

Palmdale, CA 93550

(661) 273-4710

[www.palmdalesd.org/domain/636](http://www.palmdalesd.org/domain/636)

*15 sites serving Lancaster and Palmdale*

Plaza de la Raza Child Development Services Inc.

8337 Telegraph Road, Suite 300

Pico Rivera, CA 90660-4904

(562) 776-1301

<http://plazadelaraza.info/programs-services>

*25 center-based sites serving Azusa, Downey, Norwalk, Pico Rivera, Santa Fe Springs, and Whittier and 8 family child care providers*

Pomona Unified School District

1460 East Holt Avenue, Suite 194A

Pomona, CA 91767

(909) 397-4740 x5607

[www.pusd.org/education/components/layout/default.php?sectiondetailid=8548&](http://www.pusd.org/education/components/layout/default.php?sectiondetailid=8548&)

*25 sites serving the Pomona community*

**(Head Start Programs continued...)**

St. Anne's Maternity Home  
155 North Occidental Avenue  
Los Angeles, CA 90026  
(213) 381-2931 x450

[www.stannes.org/what-we-do/programs-services/childcare/](http://www.stannes.org/what-we-do/programs-services/childcare/)

*1 site serves St. Anne's residents and families in the surrounding community*

Santa Monica-Malibu Unified School District  
2828 Fourth Street  
Santa Monica, CA 90405-4308  
(310) 399-5865

[www.smmusd.org/CDS/index.html](http://www.smmusd.org/CDS/index.html)

*5 sites serving Santa Monica and Venice*

Training and Research Foundation  
330 East Kelso Street  
Inglewood, CA 90301  
(310) 412-4195

<http://trfhs.org/>

*16 sites serving Hawthorne, Inglewood and Los Angeles (zip codes 90002, 90016, 90043, and 90061)*

University of Southern California  
School for Early Childhood Education  
3716 South Hope Street  
Los Angeles, California 90089  
(213) 743-4650

<http://communities.usc.edu/school-for-early-childhood-education-sece/>

*6 sites serving Los Angeles (zip codes 90007 and 90089)*

Volunteers of America of Los Angeles  
11243 Kittridge Street  
North Hollywood, CA 91606-2605  
(818) 980-2287

[www.voala.org/services/children.htm](http://www.voala.org/services/children.htm)

*51 sites located in Compton, Commerce, Culver City, East Rancho Dominguez, Harbor City, Hawthorne, Lomita, Long Beach, Los Angeles (90011, 90022, 90023, 90034 and 90063), Lynwood, North Hollywood, Pacoima, Paramount, Newhall, San Fernando, San Pedro, Santa Clarita, Sun Valley, Sylmar, Tujunga, Val Verde, and Valencia,*