Early Head and Head Start Programs
Serving pregnant and parenting women, children ages birth to three and preschool age children

Program Description

**Early Head Start:** A “no cost to family” comprehensive early education program for low-income pregnant women and infants and toddlers from ages birth to three, including young children with disabilities. Services may be provided in the home of the family (home-based), a licensed family child care home, and/or a center. In addition to comprehensive early education services, other services include providing and linking families with health, mental health, disability, nutrition and social services. Early Head Start has a strong parent involvement component and services specifically designed for pregnant women.

**Head Start:** A “no cost to family” part-day (3½ hours) or full-day (six plus hours) comprehensive child development program for low-income preschoolers ages three to five years old. Head Start generally operates from September to June. Some Head Start programs offer full-day programs that operate from 10 to 12 months. Children in foster care, families at risk and/or in crisis, homeless families, and children with disabilities receive priority for enrollment. Additional selection criteria may be used to determine priority for services. Comprehensive services include providing and linking families with social services, health, mental health, disabilities, and nutrition services. Head Start also has a strong parent involvement component.

Income Eligibility

Families are eligible for Early Head Start and Head Start Preschool Programs if their families’ income is below the federal poverty level. Children in foster care, homeless or with families receiving public assistance are automatically eligible regardless of income. Early Head Start and Head Start Preschool Programs may serve families with incomes up to 130% of the Federal Poverty Level (FPL) if space is available and the needs of all other eligible children in the community are met. At least 10% of enrollment must include children with disabilities. Table 1 shows the yearly income caps at the federal poverty level and up to 130% of the FPL by the size of the family.

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Family Yearly Income (100% FPL)</th>
<th>Family Yearly Income (130% FPL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$11,490</td>
<td>$14,937</td>
</tr>
<tr>
<td>2</td>
<td>$15,510</td>
<td>$20,163</td>
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<tr>
<td>3</td>
<td>$19,530</td>
<td>$25,389</td>
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<tr>
<td>4</td>
<td>$23,550</td>
<td>$30,165</td>
</tr>
<tr>
<td>5</td>
<td>$27,570</td>
<td>$35,841</td>
</tr>
<tr>
<td>6</td>
<td>$31,590</td>
<td>$41,067</td>
</tr>
<tr>
<td>7</td>
<td>$35,610</td>
<td>$46,293</td>
</tr>
<tr>
<td>8</td>
<td>$39,630</td>
<td>$51,519</td>
</tr>
</tbody>
</table>

For families/households with more than eight persons, add $4,020 for each additional person.

* Based on 2013 Federal Poverty Guidelines
Head Start determines family eligibility based on their annual income; once the family is determined eligible, the child will be considered eligible through the end of the program year and the subsequent program year. Early Head Start and Head Start Preschool Program services are free.

**How to Connect**

There are eight Child Care Resource and Referral Agencies (R&Rs) throughout Los Angeles County to provide families with referrals to child care and development programs, including referrals to Early Head Start and Head Start Programs. Families may call the LA County R&R Consumer Education Line toll-free at 1-888-922-4453 to be connected to their local R&R.

There are several organizations that operate Early Head Start and Head Start Programs throughout Los Angeles County. Families may call one of the Programs listed below directly to learn about openings in a program located near their home and whether their family is eligible to enroll or contact the Los Angeles County Office of Education at (877) Pre-K-Kid (773-5543) or visit [http://www.PreKKid.org](http://www.PreKKid.org) to be connected to a program located in the family's community. Searches for Early Head Start and Head Start Programs may also be done at the U.S. Department of Health and Human Services Administration for Children & Families website, Early Childhood Learning & Knowledge Center, at [www.acf.hhs.gov/programs/ohs/](http://www.acf.hhs.gov/programs/ohs/).

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**Early Head Start Programs**

*Serving pregnant and parenting women and children ages birth to three*

Baldwin Park Unified School District  
3699 North Holly Avenue  
Baldwin Park, CA 91706  
(626) 962-3311 x4642  
[http://www.bpusd.net/EHS](http://www.bpusd.net/EHS)  
*Center-based with Cal-SAFE*¹ at Baldwin Park & Hacienda La Puente Unified School Districts; *home-based*

Child Care Resource Center  
8015 Van Nuys Boulevard  
Panorama City, CA 91402  
(818) 781-4349 or (818) 761-4390  
[www.ccrcla.org/servicesandprograms/head-start](http://www.ccrcla.org/servicesandprograms/head-start)  
*Home-based*

Children’s Institute, Inc.  
711 South New Hampshire Avenue  
Los Angeles, CA 90005  
(213) 385-5100 x1885  
[www.childrensinstitute.org/ourwork/programsandservices/](http://www.childrensinstitute.org/ourwork/programsandservices/)  
*Center-based; home-based*

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¹ Cal-SAFE (California School Age Family Education) provides academic supports to pregnant and parenting teens and child care and development services to their children.
(Early Head Start Programs continued…)

El Nido Family Centers  
2152 West Manchester Avenue  
Los Angeles, CA  90047  
(323) 971-7360  
Home-based

Foothill Family Services  
2500 East Foothill Boulevard, Suite 300  
Pasadena, CA  91107  
(626) 564-1613  
http://foothillfamily.org/EarlyIntervention.php  
Home-based in El Monte, South El Monte and La Puente

Hope Street Family Center  
1401 South Grand Avenue  
Los Angeles, CA  90015  
(213) 742-6385  
www.hopестreetfamilycenter.org/Programs_And_Services/Early_Head_Start/index.htm  
Families start in home-based and then may transition to center-based

Human Services Association  
6800 Florence Avenue  
Bell Gardens, CA  90201-4958  
(323) 513-0594  
www.hsala.org/services/program/pasitos-early-head-start  
Center-based; home-based

Kedren Community Health Center, Inc.  
710 East 111th Place  
Los Angeles, CA  90059  
(323) 777-1411  
Center-based; family child care; home-based

Long Beach Unified School District  
Head Start Program  
1260 East 33rd Street  
Signal Hill, CA  90755  
(562) 426-8144  
www.ibusd.k12.ca.us/Main_Offices/Superintendent/headstart.cfm  
Center-based; home-based

Los Angeles Education Partnership  
1033 West Seventh Street, Suite 200  
Los Angeles, CA  90017  
(213) 622-5237 x0  
www.laep.org/  
Home-based
(Early Head Start Programs continued…)

Options-A Child Care and Human Services Agency
100 North Citrus Street, Suite 301
West Covina, CA  91791
(626) 732-0130
www.optionscc.org
Center-based (serves La Puente); Home-based (serves zip codes 91790, 91791, 91792, 91744, and 91758)

Pacific Asian Consortium in Employment (PACE)
1055 Wilshire Boulevard, Suite 1050
Los Angeles, CA  90017
(213) 989-3244
http://pacela.org/services/early-childhood-education
Home-based (serves zip codes 90042, 90248, 90260, 90504, 91770, and 91801)

Palmdale School District Office
Early Childhood Programs
975 East Avenue P-8
Palmdale, CA  93550
(661) 273-4710
www.palmdalesd.org/domain/635
Home-based

Pediatric Therapy Network
1815 West 213th Street, Suite 100
Torrance, CA  90501
(310) 328-0693
www.pediatrictherapynetwork.org/earlyheadstart/index.cfm
Center-based; home-based; serves Torrance (zip codes 90501, 90503, and 90505)

Plaza de la Raza
Child Development Services, Inc.
11015 Bloomfield Avenue
Santa Fe Springs, CA  90690
(562) 777-7170 – ask for Family Service Associate (Main:  (562) 776-1301)
http://plazadelaraza.info/programs-services/
Center-based; home-based

Plaza de la Raza
Child Development Services, Inc.
12830 Columbia Way
Downey, CA  90242-4720
(562) 803-6229 – ask for Family Service Associate (Main:  (562) 776-1301)
http://plazadelaraza.info/programs-services/
Center-based; home-based
(Early Head Start Programs continued…)

Pomona Unified School District
1460 East Holt Avenue, Suite 194A
Pomona, CA 91767
(909) 397-4740 x5607
www.pusd.org/education/components/layout/default.php?sectiondetailid=8548
Center-based for teen parents only; home-based

St. Anne’s Maternity Home
155 North Occidental Avenue
Los Angeles, CA 90026
(213) 381-2931 x450
www.stannes.org/what-we-do/programs-services/childcare
Center-based

UCLA Early Head Start
14423 Van Nuys Boulevard
Arleta, CA 91331
(818) 485-0129
www.uclahealth.org/body.cfm?id=453&action=detail&limit_department=22&limit_division=1071&limit_program=5375&CFID=97690753&CFTOKEN=63491653
Home-based

University of Southern California
School for Early Childhood Education
3716 South Hope Street, Suite 366
Los Angeles, CA 90089
(213) 821-3133
http://communities.usc.edu/school-for-early-childhood-education-sece/
Center-based; home-based

Venice Family Clinic
Children First Early Head Start Program
604 Rose Avenue
Venice, CA 90291
(310) 664-7557
Center-based with Cal-SAFE at Santa Monica High School; family child care homes

Vista Del Mar and Family Services
Home-SAFE
6926 Melrose Avenue
Los Angeles, CA 90038
(323) 934-7979
www.vistadelmar.org/early-head-start
Home-based
(Early Head Start Programs continued…)

Volunteers of America of Los Angeles
11243 Kittridge Street
North Hollywood, CA 91606-2605
(818) 980-2287
www.voala.org/services/children.htm
Center-based; home-based

Westside Children’s Center
12120 Wagner Street
Culver City, CA 90230-5844
(310) 397-4200
http://westsidechildren.org/early-education/
Center-based; family child care home; home-based

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Head Start Programs
Serving preschool age children

ABC Unified School District
11011 Artesia Blvd.
Cerritos, CA 90703
(562) 229-7985
www.abcusd.k12.ca.us/pages/ABC_Unified_School_District/Departments/AcademicsServices/Child_Development/Head_Start_State_Preschool
6 sites serving Artesia, Cerritos, and Lakewood

Baldwin Park Unified School District
3699 North Holly Avenue
Baldwin Park, CA 91706
(626) 962-3311 x4642
www.bpusd.net/HS
17 sites serving Baldwin Park, Cudahy, and Maywood

Bassett Unified School District
904 North Willow Avenue
La Puente, CA 91746-1615
(626) 931-3161
https://cd-bassett-ca.schoolloop.com/
6 sites located in La Puente

Bellflower Unified School District
9301 Flower Street
Bellflower, CA 90706-5600
(562) 461-2227
www.bUSD.k12.ca.us/childEd.htm
8 sites located in Bellflower and Lakewood
(Head Start Programs continued…)

Child Care Resource Center
20001 Prairie Street
Chatsworth, California  91311
(818) 717-1000
www.ccrrla.org/servicesandprograms/head-start
17 sites serving Canoga Park, Granada Hills, North Hills, Northridge, Pacoima/Arleta, Panorama City, Reseda, Sepulveda, Sun Valley, and Van Nuys

Children’s Institute, Inc.
711 South New Hampshire Avenue
Los Angeles, CA  90005
(213) 385-5100 x1885
www.childrensinstitute.org/ourwork/programsandservices/
19 sites serving Los Angeles (90002, 90003, 90011, 90012, 90026, 90037, 90044, 90047, and 90062)

Crystal Stairs, Inc.
5110 West Goldleaf Circle, Suite 150
Los Angeles, CA 90056-1282
(323) 299-8998
www.crystalstairs.org
8 sites serving Compton and Los Angeles zip codes 90059 and 90061

Duarte Unified School District
1620 Huntington Drive
Duarte, CA 91010-2534
(626) 599-5123
www.duarte.k12.ca.us/Schools/ChildDevelopment.html
3 sites serving the Duarte community

El Monte City School District
2131 Loma Avene
South El Monte, CA 91733
(626) 452-9164-3101
www.emcsd.org/academics/child-development
13 sites serving El Monte

Foundation for Early Childhood Education, Inc.
3360 Flair Drive, Suite 100
El Monte, CA  91731
(626) 572-5107 and (626) 572-5471
www.foundationheadstart.org
29 sites serving La Verne and Los Angeles (zip codes 90004, 90012, 90026, 90027, 90028, 90029, 90033, and 90038)

Garvey School District
7424 Newmark Avenue
Rosemead, CA 91770-2943
(626) 307-3396
http://garvey.k12.ca.us/schools_departments/child_development
10 sites serving Monterey Park, Rosemead, and San Gabriel
(Head Start Programs continued…) 

Hacienda-La Puente Unified School District
455 North Glendora Avenue
La Puente, CA
(626) 933-6547
15 sites serving Hacienda Heights, La Puente and Valinda

Kedren Community Health Center, Inc.
710 East 111th Place
Los Angeles, CA 90059
(323) 777-1411
28 sites serving Burbank, Los Angeles zip codes 90002, 90006, 90008, 90017, 90019, 90026, 90039, 90057, 90059, 90065

Long Beach Unified School District Head Start Programs
1260 East 33rd Street
Signal Hill, CA 90755
(562) 426-8144
www.lbusd.k12.ca.us/Main_Offices/Superintendent/headstart.cfm
22 sites serving Long Beach and Signal Hill

LACOE Head Start-State Preschool
10100 Pioneer Boulevard
Santa Fe Springs, CA 90670
(877) 773-5543
www.prekkid.org
Contracts with multiple organizations for Head Start and State Preschool Program services

Mexican American Opportunity Foundation (MAOF)
2650 Zoe Avenue
Huntington Park, CA 90255
(323) 588-7320
www.maof.org/head-start/
10 sites and a home-based program serving Huntington Park, Los Angeles (zip code 90001), and South Gate

Montebello Unified School District
8432 Birchbark Avenue
Pico Rivera, CA 90660-4904
(323) 887-7963
www.montebello.k12.ca.us/headstart
11 sites serving Bell Gardens, East Los Angeles (zip code 90022), Montebello, Monterey Park and Pico Rivera

Mountain View School District
2109 Burkett Road
El Monte, CA 91733-4113
(626) 652-4250
www.mtviewschools.com/domain/613
5 sites serving El Monte
(Head Start Programs continued…)

Norwalk-La Mirada Unified School District
14616 Dinard Ave.
Norwalk, CA 90650-5110
(562) 921-7610
www.nlmusd.k12.ca.us/preschool
6 sites serving La Mirada and Norwalk

Options Head Start
1330 North Portero Avenue
South El Monte, California 91733-3085
(626) 459-4299
www.optionscc.org
24 sites serving Altadena, Covina, Eagle Rock, East La Puente, Glendora, Los Angeles (zip codes 90041 and 90042), Monrovia, Pasadena, San Gabriel, South El Monte, and West Covina

Pacific Asian Consortium in Employment (PACE)
1055 Wilshire Boulevard, Suite 1050
Los Angeles, CA 90017-2431
(213) 989-3244
http://pacela.org/services/early-childhood-education
27 sites located in Alhambra, Gardena, Lawndale, Los Angeles (90006, 90007, 90011, 90018, 90019, 90042, and 90063), Redondo Beach, Rosemead, and Santa Fe Springs

Palmdale School District Office
Early Childhood Programs
975 East Avenue P-8
Palmdale, CA 93550
(661) 273-4710
www.palmdalesd.org/domain/636
15 sites serving Lancaster and Palmdale

Plaza de la Raza Child Development Services Inc.
8337 Telegraph Road, Suite 300
Pico Rivera, CA 90660-4904
(562) 776-1301
http://plazadelaraza.info/programs-services
25 center-based sites serving Azusa, Downey, Norwalk, Pico Rivera, Santa Fe Springs, and Whittier and 8 family child care providers

Pomona Unified School District
1460 East Holt Avenue, Suite 194A
Pomona, CA 91767
(909) 397-4740 x5607
www.pusd.org/education/components/layout/default.php?sectiondetailid=8548&
25 sites serving the Pomona community
(Head Start Programs continued…)

St. Anne’s Maternity Home  
155 North Occidental Avenue  
Los Angeles, CA  90026  
(213) 381-2931 x450  
www.stannes.org/what-we-do/programs-services/childcare/  
1 site serves St. Anne’s residents and families in the surrounding community

Santa Monica-Malibu Unified School District  
2828 Fourth Street  
Santa Monica, CA 90405-4308  
(310) 399-5865  
www.smmusd.org/CDS/index.html  
5 sites serving Santa Monica and Venice

Training and Research Foundation  
330 East Kelso Street  
Inglewood, CA  90301  
(310) 412-4195  
http://trfhs.org/  
16 sites serving Hawthorne, Inglewood and Los Angeles (zip codes 90202, 90106, 90043, and 90061)

University of Southern California  
School for Early Childhood Education  
3716 South Hope Street  
Los Angeles, California 90089  
(213) 743-4650  
http://communities.usc.edu/school-for-early-childhood-education-sece/  
6 sites serving Los Angeles (zip codes 90007 and 90089)

Volunteers of America of Los Angeles  
11243 Kittridge Street  
North Hollywood, CA  91606-2605  
(818) 980-2287  
www.voala.org/services/children.htm  